

Donning and Doffing Disposable Gloves

1. Remove all jewelry or accessories on fingers and wrists before washing hands. Wash hands with soap and dry them completely. Never apply moisturizer before putting on disposable gloves. Avoid touching any surfaces or objects that can contaminate your own hands.



2. To remove disposable gloves, pick one of the gloves at the palm by pinching and pull so that it begins to fold in on itself.



3. Fold the glove completely on itself so that the inner surface is reflected on the outside. Once the first glove removed, hold it with your gloved hand. The contaminated surface is now located inside the glove.



4. Keep the removed glove in the gloved hand and slide your ungloved fingers between the glove of your other hand and the wrist. Return the glove from the inside of the hand so that the inner surface is reflected on the outside, while wrapping the already removed glove.



5. Pull the glove so that the second removed glove contains the first removed glove leaving no part of the outside of the glove exposed. Discard both gloves in an appropriate place.



6. Wash hands with soap and water and dry them well.



If you do not have to reuse gloves and your shift is over, the use of moisturizing lotion is not a problem. We would like to remind you that the use of lotion before using a disposable glove is inadvisable. The lotion reduces the natural resistance of the skin in case of leakage, since it opens the pores. In addition, some lotions contain chemicals that weaken the resistance of gloves. Added to this is the fact that it is not rare that gloves get pierced or already drilled, and that is, unbeknownst to the user.

Lotions that contain oils (mineral, jojoba, coconut or palm), oil (gel and ointment) or lanolin degrade latex gloves and vinyl, which compromises the integrity of their shield. Although to get moisturizers may not represent a danger out of the workplace, only compatible solutions should be used in gloves at the workplace.¹

If you still want to apply lotion, alternatives are available to you. You can opt for water-based, glycerine-based or oil-free lotions. In order to know the potential degradation properties of a particular lotion, just cut two equal strips of the glove - 0.25 x 2 in—at the palm or back of the hand and stretch them up to 3 times their length and fix them in this position. Coat one of the strips with lotion and keep the other as reference. After 30 minutes, release the tabs and place them side by side. If the coated strip has expanded in length or width, and it breaks more easily than the other, the stability of the material has been compromised and the selected lotion is not suitable.¹

¹ Excerpt from *Superior Gloves* catalog.